



UNITAS UPDATE

QUARTERLY UPDATE
JULY – SEPTEMBER 2024



Summer fun unleashed!

ALL young people aged 8-12 are welcome to join Unitas' Holiday Clubs. To learn more, visit [our website](#).

Unitas young people visiting The Emirates Stadium

As school started to cool down for young people across London over the summer holidays, programmes at Unitas were just heating up!

Our amazing **Holiday Club** was once again in full swing through the summer holiday period serving hundreds of young people aged 8-12 for five weeks in July and August. Each week had a special theme like 'Under the Sea', 'Animal Kingdom' and 'Around the World'! Other highlights included:

○ We hosted our third 'UniCamp' allowing young people to experience authentic outdoor camping including building a fire, cooking their own dinner and (of course!) toasting s'mores!

○ Sport activities were in abundance for our Seniors, including another successful Unitas Basketball Camp and Friday night football sessions with the QPR Foundation on our rooftop 5-a-side pitch

○ Holiday clubbers had fantastic trips to see The Lion King at the Lyceum, attended a brilliant concert at the Emirates Stadium and visited the Science Museum in the heart of London



1,402 visits to Holiday Club

461 free places for low-income families

We are proud to partner throughout the community to increase our impact

Over the past year, Unitas has collaborated with the Sony Music Entertainment Social Justice Fund to provide one-on-one mentoring for 50 young people in the musical field of their choice. This incredible experience has allowed our young people to build their skills, create a music portfolio and set goals about how they want to grow and develop.

The program culminated in an amazing experience on 19 September at Arts Depot, an award-winning venue in North Finchley where our young people got to wow Sony Executives, friends and community members with their performances.

We are incredibly proud of our courageous and ambitious young members for developing their new musical skills and confidence. Their achievements wouldn't have been possible without the invaluable support of our partner, Sony Music. Together, we're helping young people unlock their potential and shine!

SONY MUSIC

Proudly empowering young people through community partnerships



Unitas earns prestigious Bronze Quality Mark

Unitas is dedicated to excellence, striving to make a lasting impact on the lives of young people.

We're especially proud to announce that, after a rigorous assessment, we've been awarded the prestigious Bronze Quality Mark from our valued partner, London Youth.

This recognition highlights our ongoing commitment to delivering the highest standards for the youth we serve. Our Chief Executive, Robin Moss said: "This effort is a testament to the incredibly hard work our teams do every day to ensure Unitas is delivering on our promise to our community. I hope this milestone shows how committed we are to being a best-in-class youth provision now and into the future."

London Youth

QUALITY MARK BRONZE ACCREDITED

**SEPTEMBER 2024 -
SEPTEMBER 2027**

Young Leaders spotlight!

The voices of young people are at the heart of our work.

No matter how big or small, we aim to include insight from our members in every decision we make, and our Young Leaders are an important part of that effort.

Our young leaders meet every week to plan fun activities, provide input into our operations, and build relationships with each other and our staff. We asked a group of our Junior Young Leaders "Why do you think Unitas is so important for our community?" and here's what they said...

Unitas allows young people to explore different activities.

Jamilah

It helps with our wellbeing.

Aminata

Because it helps people make new friends.

Khadya

Unitas helps us with our mental health.

Erik



Punching above their weight: Unitas members excel in the boxing ring

When Unitas opened in 2019, boxing – a proud North London tradition – quickly became one of our most popular programmes.

In 2023, Unitas registered our very own amateur boxing club, Unitas ABC, and has hosted numerous bouts for our young people, while helping them build confidence and resilience through the sport. Fast forward to 2024, and our boxing programme is stronger than ever!

Key highlights so far from 2024 include:



- Starting our first ever **after-school boxing club** at Edgware Primary School

- Hosting **sparring days** with partners like Fight for Peace, Finchley Boxing Club, and two other Youth Zones, WEST and Future

- Unitas ABC has **11 carded boxers** and **5 certified 'Level 1' boxing coaches** ready to support and guide our young people as they try the sport

- We opened our very own **online shop**, where anyone can buy proper boxing gear and support Unitas at the same time!

Our coaches and boxers have many more plans in store over the coming months, including boxing shows on 24 November, 9 February and 11 May



Giacomo, our Sports Coordinator and founder of Unitas ABC, with our young boxers and coaches

Stay updated via the Unitas ABC Instagram page or email us at fundraising@unitayouthzone.org to learn more!

Let's get to know our volunteers!



Carol has volunteered at Unitas since 2019 and was our Volunteer of the Year in 2022. We sat down with Carol to get her view on why Unitas is important to her:



Unitas. The amazing young people really need this type of programme and consistency that fulfils their needs.

Q: Why do you volunteer your time with Unitas?

A: I believe that Unitas needs all the help it can get to support young people without draining its resources. Also, I just find it is simply rewarding.

Q: Do you have a favourite programme or service?

A: I love our Limitless sessions for young people who have additional needs. These members thrive at

Q: What's a favourite memory about your experience volunteering?

A: I loved seeing the Limitless members and their families included in a very special trip to The Grove Hotel in Watford for a day out. The young people really enjoyed themselves and their parents had wonderful feedback.

Q: If you could sum up Unitas in one word, what would it be?

A: FAN-UNITAS-TIC!

Volunteer with Unitas!

Ever thought about donating your time to make a real difference?

Volunteering with Unitas not only supports young people but gives you the chance to gain new skills, make connections, and be part of something truly rewarding!

Learn more about volunteering with Unitas on our website or by emailing volunteering@unitasyouthzone.org



Community Partner Spotlight

The power of partnerships fuels our work at Unitas, and we are proud of the many community partners that help us achieve our mission every day. Today, we are spotlighting **The Grove**

The Grove, a historical house first founded in 1500 by Queen Elizabeth I is now an award-winning luxury Spa and Golf Hotel and are deeply committed to making positive changes that benefit the environment and local community. Most recently, they hosted several Unitas staff and their families for a summer outdoor cinema experience, helping us appreciate our incredibly hard-working team members. Unitas also had the pleasure of participating in The Grove's inaugural 'Unity in the Community' event, where we met hundreds of community members and learned about amazing resources available to families in North London and beyond.



THE GROVE 

To learn more about how your company can support Unitas, check out our [website](https://www.unitasyouthzone.org) or email fundraising@unitasyouthzone.org

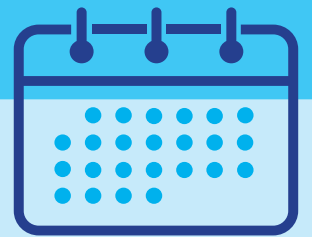
Upcoming dates



Unitas Winter Wonderland Community Open Day
Free – Saturday 7 December

Upcoming Unitas ABC Boxing Shows
Free – Saturday 24 November 2024
and 9 February 2025

2025 Crowdfunding Campaign
2/3 March 2025 –
SAVE THE DATE!



Stay in touch!

Want to learn how you can make an impact in the lives of young people? Email us at fundraising@unitasyouthzone.org